



Vipers Lacrosse Club
High School Lacrosse Player Code of Conduct

The Vipers Lacrosse program is committed to providing a lacrosse environment in which its players can compete, learn, improve, and have fun. Vipers Lacrosse intends to field teams that are not only the most competitive in their respective leagues, but that are the most respected in terms of character. Vipers Lacrosse expects that players, parents and coaches will conduct themselves at all times in a manner that is consistent with the expectations set out in this Code of Conduct. Because player behavior off the field, whether in the classroom or in the community, reflects on our program, it is the expectation of the Vipers Lacrosse Club that players will adhere to this Code of Conduct at all times while an enrolled Vipers Lacrosse participant.

I, _____ [player name], recognize that it is an honor and a privilege to be a member of the Vipers Lacrosse Club. I understand that, as a Vipers Lacrosse player, I will be held to a higher standard of conduct than my fellow students who are not participants in Vipers Lacrosse. I agree to be held to those standards and understand that my continued participation in Vipers Lacrosse is conditioned on my maintaining the standards set out in this Code of Conduct.

I will:

1. Attendance:

- Attend with punctuality all classes, scheduled practices, and games.
- Treat attendance as mandatory for all practices, games, tournaments and team dinners, unless otherwise noted.
- Notify my Head Coach 24 hours in advance, if I am unable to make a practice or game. I understand that it is my responsibility to obtain advance approval and to provide a parent approval note if requested by the coaches.

2. Respect:

- Follow the letter and spirit of the rules and regulations of the Leander Independent School District, Vandegrift High School, and the Vipers Lacrosse Club.
- Not bully, harass, or haze – in any form whether physically, verbally, or otherwise – any other person.
- Not engage in disrespectful conduct, which means I will not engage in the use of: profanity, obscene gestures, offensive remarks, trash talking, boastful celebrations, or other acts that show a lack of respect for others.
- Treat teachers, coaches, officials, peers, teammates, parent volunteers, and competitors with respect at all times.

3. Social Media

- Refrain from disrespectful or harassing acts on social media, including Facebook, Twitter, SnapChat, Instagram or other social media sites or applications, whether under my name or an alias name under my use or direction.

4. Substance Abuse

- Abstain from the use of illegal drugs, alcoholic beverages, tobacco and vaping/electronic cigarettes. As a matter of policy, the Vipers Lacrosse Club (Club) does not permit or tolerate the use of tobacco, drugs, alcohol or steroids by its players. The Club reserves the right to enforce this policy through mandatory random testing for banned substances and by empowering the coaching staff to take disciplinary action when there is a reasonable suspicion based on personal observation that a player has violated the Club's policy. This policy is based on the Leander ISD UIL policy. For more information regarding consequences of violations please see the LISD High School Athletic Handbook.

5. Leadership:

- Be a positive role model in attitude, appearance, and behavior
- Show respect for my teammates at all times regardless of their skill level, position and / or grade level. I will treat every moment as an opportunity to encourage and help my teammates grow their skills and love for the game.
- Treat Vipers Lacrosse and competitors' facilities and equipment with care and respect.
- Not lie, cheat, or steal or engage in other dishonest conduct.
- Not fight or show excessive displays of anger or frustration. Rather, I will overcome the temptation to retaliate and instead dominate my opponent with class and sportsmanship.

The privilege of participation in the Vandegrift Vipers Lacrosse program may be withdrawn if a student athlete is found to be in violation of the established standards mentioned in the Codes of Conduct above. Disciplinary action may include, but is not limited to, suspension, demotion, and expulsion. Refunds will not be offered if the athlete is found in violation of any code of conduct rules. Nor will refunds be made if an athlete decides to terminate their participation early.

CONDUCT VIOLATIONS

Violations of this Code of Conduct and/or obtaining an unsportsmanslike penalty during a game will result in consequences for such violations as determined by the Head Coach of the player's team. A player will have the opportunity to discuss with his coach the facts involved in the violation before a decision is made regarding any disciplinary action to be imposed. All consequences regarding violations of this Code of Conduct will be determined by the Head Coach with agreement from the Vipers Lacrosse President for second and third offenses.

First Offense

- Suspension from current or nearest competitive season or activity for a period of up to three games.
- A student may self report to his coach and receive a lesser suspension if agreed by the Head Coach.

Second Offense

- Suspension from current or nearest competitive season or activity for a period of up to six games.
- Self reporting by student does not apply after first offense.

Third Offense

- Suspension from the team for a period of up to one calendar year. After the suspension, the Board of Directors will determine reinstatement. Reinstatement will be based on academic record, attendance, behavior record, and any other available information deemed appropriate for review.
- Any offense that occurs after reinstatement will be treated as a third offense.

Player Signature: _____

Date: _____

Parent acknowledgment of Player Code of Conduct
and Parent Addendum attached hereto:

Parent Signature: _____

Date: _____

Vipers Lacrosse Club Code of Conduct Parent Addendum

1. Parents of Vipers Lacrosse players agree to set the example for good sportsmanship at all games or practices. You are role models, and will be held to the same high standards of sportsmanship that we expect from our players. In this regard, we ask you to refrain from public displays of anger, no matter how frustrated you may get at a Vipers Lacrosse practice or game.
2. Parents must uphold the same rules that apply to players in terms of assault, discrimination, disrespectful or abusive language, unsportsmanlike conduct, profanity, and gestures, etc. Parents in violation of the rules may be suspended from attending practices, games and other Vipers Lacrosse activities. Additionally, parents in serious violation of these rules may put their player in jeopardy of suspension or expulsion from Vipers Lacrosse.
3. Parents must allow the Vipers Lacrosse coaches to instruct their player during games and practices – parents must not interfere by offering additional instruction during those times. From the sidelines, you are expected to enjoy watching your children play lacrosse, and be their cheerleader, not their coach.
4. Parents must recognize that Vipers Lacrosse coaches are willing to discuss players and/or coaching philosophies, but you agree that discussions will only take place at the appropriate time and never during a tryout, practice, or game, or in the presence of any players or other parents. Parents also recognize that an assessment of a player's skill as well as the determination of player's playing time is solely up to the discretion of the coaching staff.
5. Vipers Lacrosse asks parents to accept officials' decisions and understand that verbal abuse or harassment of an official could be detrimental to your player, the activity, the team, and the league.
6. We expect parents to never criticize players, whether Vipers Lacrosse players or the competition.
7. Parents agree to observe a 24-Hour Cooling Down Period. For a 24 hour period following a game, parents are not to approach coaches with questions regarding the game. The 24 hours following a sporting event are filled with emotion and adrenaline for both the parents and the coaches. The purpose of this cool-off period is to allow for people to calm down prior to discussing any aspect of the game. After the cool off period has expired, any discussions should start directly with the coach.